



University of Pretoria Yearbook 2016

Human movement studies and sport management 312 (JMB 312)

Qualification Undergraduate

Faculty [Faculty of Education](#)

Module credits 15.00

Programmes [BEd Senior Phase and Further Education and Training Teaching](#)

Prerequisites JMB 212 and JMB 222

Contact time 3 lectures per week

Language of tuition Double Medium

Academic organisation Humanities Education

Period of presentation Semester 1

Module content

Effects of physical activities on the human body, energy sources, etc. Exercise and fitness factors, principles of gymnasium practice. Revision of general managerial principles (year 1-2). Specialisation in the legal principle of sport. Dealing with stress and conflict in the domain of Sport Management.

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